

**Gabor Filo BSc, DDS, FAGD, ABHD, FPFA (H), FASCH (H)**

## **CURRICULUM VITAE**

### **EDUCATION:**

Diplomate, American Board of Hypnosis in Dentistry, 2003  
Division of American Board of Hypnosis through SUNY

State University of New York at Buffalo,  
Post Graduate Programme in Esthetic Dentistry, 1997

Fellow, Academy of General Dentistry, 1996

School of Dentistry, University of Washington, 1995  
Dental Education for Care of the Disabled – Self-Instruction Series

Doctor of Dental Surgery,  
Class of '84, University of Toronto

Bachelor of Science, Honors Biochemistry  
Class of '80 McMaster University

## MEMBERSHIPS:

### Professional Organizations:

Royal College of Dental Surgeons	Since '84
Canadian Dental Association	Since '80
Ontario Dental Association	Since '80
Hamilton Academy of Dentistry	Since '84

### Educational Organizations:

Academy of General Dentistry Fellow	'84 -2012 1996
American Academy of Cosmetic Dentistry	'95-2001
Comprehensive Study Club of Hamilton (a branch of the Seattle Study Clubs)	since inception 2011

### Honour Society

Pierre Fauchard Academy	since 2008
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### Allied Professional Health Organizations:

Ontario Society of Clinical Hypnosis	'84-'96
Canadian Society of Clinical Hypnosis -Ontario Division	inception to 2009
American Society of Clinical Hypnosis	Since '93
International Society of Hypnosis	Since '96
Wilderness Medical Society	Since '84

## **Honours and Awards:**

Ontario Dental Association Governance Leadership Award		1998
Ontario Dental Association Governance Leadership Award		2000
Fellow Pierre Fauchard Academy	April	2008
Ontario Dental Association Service Award		2009
Life Fellow American Society of Clinical Hypnosis	Mar	2022
Honourary Member of Canadian Society Of Clinical Hypnosis –Ontario Division	Jun	2012
Lifetime Achievement Award, Rákoczi Érem és elismerés The Rackozi Foundation	Jan	2016
Honourary Member Hungarian Association of Hypnosis	Mar	2018

POSITIONS:	CURRENT
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American Journal of Clinical Hypnosis Advisory editor

Scientific Committee for European Society of Hypnosis Triennial meeting  
2026

**PAST**

Hamilton Psychiatric Hospital

Dental Services, Hamilton Psychiatric Hospital, (now St. Joseph's Hospital Mountain Site) part-time since Mar. 1986 – Jul. 2002

Hamilton Health Sciences Corporation

## Hamilton Health Sciences Corporation – Active Staff to 2005

Teaching Staff, Dental Internship Programme, Hamilton General Hospital,  
until programme closure (1990-2000)

Hamilton Academy of Dentistry

President, Hamilton Academy of Dentistry 1999/2000

Hamilton Academy of Dentistry representative to the General Council of the Ontario Dental Association (1993 - 2000)

HAD representative on Hamilton Wentworth District Health Council  
Subcommittee on Aids Policy & Ethics '87

Executive Member, Hamilton Academy of Dentistry 1987- 2021  
Constitution and Bylaws consultant

*Ontario Dental Association :*

## Task Force on Council Procedure

DPAC Employer Relations Subcommittee

Access to Care Working Group

Chairman, Constitution and Bylaws Committee, 2001-2007  
CBL committee 2000

Health Policy and Government Relations Committee,  
2008 - 2014

Chair Special Needs Work Group -  
Health Policy and Government Relations Committee 2011  
Work group

Ontario Society of Clinical Hypnosis

Trustee, Stanley Kushnir Memorial Foundation, Ontario Society of Clinical Hypnosis

Workshop Instructor - Ontario Society of Clinical Hypnosis

Canadian Society of Clinical Hypnosis – Ontario Division

Canadian Society of Clinical Hypnosis – Ontario Division  
Bylaws Committee June 2009

Canadian Federation of Clinical Hypnosis

Canadian Federation of Clinical Hypnosis 2003-2006

Consultant to Bylaws committee – created bylaws for incorporation  
of new national umbrella society in 2006

American Society of Clinical Hypnosis

Education Committee, ASCH 2005- 2008

Long Range Planning Committee, ASCH 2005-2008

Speakers Bureau Committee, Chair, ASCH 2006-2008

Executive Committee, Dentist-at-large, ASCH 2006-2009

Ad Hoc Task Force on Governance, ASCH

2008

**AVOCATION:**

- 61-year continuous member of the Hungarian Scout Association in Exteris (since 1963).
- Served five 2-year terms as Eastern Canadian District Commissioner, 1991 - 2001
- Member of Board of Directors of H.S.A. four 2-year terms 2001 - 2009
- since 1983 served as Camp Health Director in Canada and the U.S., at Jamborees and leadership training camps.
- Chief Health Officer of the Association formally named since 2003 and inception of the position
- Bylaws review committee 1996, 2009

## Hypnosis Presentations: Workshops and Seminars for-

### American Society of Clinical Hypnosis

Regional workshops faculty around the United States			2002 - 08
Annual meeting		March	2005
Annual Meeting		March	2008
Annual Meeting	Boston	March	2009
Annual meeting	Nashville	March	2010
Annual Meeting	Las vegas	March	2011
Annual Meeting	Charlotte	March	2012
Annual Meeting	San Diego	March	2014
Annual Meeting	Jacksonville	March	2015
Annual Meeting	St. Louis	March	2016
Annual Meeting	Phoenix	March	2017
Annual Meeting	San Antonio	March	2019
Annual Meeting Plenary	Virtual	Aug	2020
Distance learning Hypnodontics	Virtual	Nov. 15	2022
Annual Meeting Hypnodontics	Jacksonville	Mar 3	2023

### American Hypnosis Societies

Hypnotic Idea Exchange NC Society (Rapid Inductions)	Zoom	Jun. 13	2022
Clinical Society of New Jersey (Rapid Inductions)	Zoom	Oct. 15	2022

### Canadian Hypnosis Societies

Ontario Society of Clinical Hypnosis	Toronto		
Canadian Federation of Clinical Hypnosis Societies	Halifax		2003
Canadian Society of Clinical Hypnosis –Ont. Div.			2004, 2008
CSCH – Alberta Division	Banff	May	2006
CSCH-AD	Edmonton	Oct	2006
CSCH-OD	Toronto	Mar	2009
CSCH-OD & Society of Clinical and Experimental Hypnosis Joint Meeting	Toronto	Oct	2012
CSCH-OD	Toronto	Mar	2014
CSCH-BC Division	Zoom	Oct	2020

### International Hypnosis Societies

German Dental Hypnosis Society	Malta		2004
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European Society of Hypnosis	Malta		2005
Hungarian Hypnosis Society	Budapest		2007
European Society of Hypnosis	Vienna		2008
International Society of Hypnosis	Rome		2009
International Society of Hypnosis	Bremen		2012
1 <sup>st</sup> International Conference of Hypnosis In Medicine	Budapest		2013
European Society of Hypnosis	Manchester		2017
Hungarian Association of Hypnosis 29 <sup>th</sup> Annual Meeting	Esztergom	Mar	2018
Hungarian Association of Hypnosis 30 <sup>th</sup> Anniversary Meeting	Budapest	May	2019
British Medical and Dental Hypnosis Society Scotland	Zoom	Feb.	2021
180 Years of Hypnosis Discussion	Youtube	Nov.27	2021
Masters of Hypnosis Summit	Zoom	Sept. 9	2022
Hungarian Association of Hypnosis	Pecs	Jun. 2	2023
International Society of Hypnosis	Krakow	Jun 12-15	2024
Inštitut za klinično in pogovorno hipnozo	Webinar	Nov. 14,	2024

#### Dental Societies and Conferences

Ontario Dental Association	Toronto		2004
Periodontal Associates Study Club (Seattle Study Club Branch)	Mississauga		2004
Brant County Dental Academy evening presentation	Brantford		2005
Halton –Peel Dental Hygienists Association	Mississauga		2005
Ontario Dental Association Annual meeting	Toronto		2006
Pacific Dental Conference	Vancouver	March	2008
Pacific Dental Conference	Vancouver	March	2011
Ontario Dental Association Annual Meeting	Toronto	May	2012
Chicago Dental Society 150 <sup>th</sup> Winter Mtg	Chicago	Feb	2015
Pacific Dental Conference	Vancouver	Mar	2016
Yankee Dental Conference	Boston	Mar	2017
Glasgow Dental presentation	Glasgow	Aug	2017
Ontario Dental Association Annual Meeting	Toronto	Apr	2018
International Society of Dental Anxiety Management	Glasgow	Aug	2019

#### Dental faculties

Uof T, Breakfast Club Presentation	Nov	2009
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Hosted Dundee dental school undergraduates

Private Practice Inservice

Periodontal Associates	Mississauga	2005
Dr. Baldan and Staff	Hamilton	2005
Drs. Zeiter & Jackson	Hamilton	2012
Dr. Bruce Mansbridge	Hamilton	2019
Golden Horseshoe Administrators' Study Club	Grimsby	2019
R.J. Smith dental lab	Hamilton	2019

Lay presentations

Cricket Chamber Orchestra Introduction to hypnosis	Dundas	Apr 15 2023
Cricket Chamber Orchestra Meditation & Hypnosis Stress Mgmt	Dundas	Apr 23 2023

**Laser Workshops, Seminars**

Sinclair Sales Staff		2006
Mentoring for KEY3 laser: 5 half day, 2 all day throughout		2005 - 2007
Seattle Study Club, Periodontal Associates (Mississauga) sponsored branch hands –on and didactic presentation to 40 clinicians KaVo KEY 3 laser	Nov	2006
Certification Dr Park et.al.	August	2009
Mentoring Dr. E.J. Chitalen all day	February	2013
Glasgow, UK Hands-on workshop	Aug 24	2019

## **Publications and Related:**

### **Journal Articles & Related**

American Journal of Clinical Hypnosis Advisory editor

*Ontario Dentist* 18 -20, 84:1, 2007

*A case study illustrating traps, pitfalls and concerns for the hypnodontist.*  
Contemporary Hypnosis 26(3): 173-178 (2009)

*Trance & Communication-An alternative paradigm.* Oral Health 102 (2):24-32.  
(2012)

*Hypnodontics: Revived Irish Dentistry* 18 (6): 19 -22. (2015)

### **Book Chapters**

Chapt.7. in Brown, Donald C. (ed) *Advances in the use of Hypnosis in Medicine, Dentistry and pain Management.* (2008) Bethel, CT: Crown House Publishing, Ltd. Sept. 2008

Chapt.21. Dental Applications, Goodman, A. and Filo, G in Elkins, G. (2016)  
*Handbook of Medical and Psychological Hypnosis.* Springer Publishing Co.

Chapt. Rapid Inductions, Jensen, Mark (ed) (2017) *The Art and Practice of Hypnotic Induction: Favorite Methods of Master Clinicians (Voices of Experience Book 1).* Denny Creek press.

Reviewed *Hartland's Medical and Dental Hypnosis* for publisher re merits of a new 5<sup>th</sup> edition.

Chapt. 11 Rapid Inductions & Chapt. 38 Hypnodontics; The Routledge International Handbook of Hypnosis Linden, J (ed.) (2023)

### **Books**

*Rapid Hypnosis the clinician's guide* (2024) Amazon.

### **Multimedia**

Produced DVD and learning guide:

(2012) *Rapid Hypnotic Instructions demonstrations and applications.* Bethel, CT: Crown House Publishing, Ltd. ISBN 978-184590846-1