CURRICULUM VITAE

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Profile

I am currently a General Pediatric consultant, Adolescent Specialist and Hospitalist working in a regional hospital in New Zealand. With 8 other pediatricians, I am providing all of Taranaki Region pediatric secondary care services, including level II 1/2 10-bed Neonatal Intensive Care Unit, 22 bed pediatric ward, and out-patient services to various towns in the south of the region with more socially disadvantaged families. I am working closely with our visiting sub-specialists, community nurses, midwives, public health nurses, General Practitioners.

A curriculum is taught to 6 Doctors in training. Numerous medical students for various parts of the world are rotating through our services.

As an adolescent medicine specialist, I have a close relationship with our Child and Adolescent Mental Health Services. I am part of the multidisciplinary eating disorder team.

In 2006, I took an introductory course in Pediatrics Clinical Hypnosis offered by the American Society of Clinical Hypnosis (ASCH). I then continued further training through ASCH and the International Society of Hypnosis (ISH) annual scientific meetings and courses. I have been trained to be a facilitator for the Introductory Course. These courses are based on Milton Erickson’s philosophy.

The set of skills I learnt, have added another dimension to my medical care, with the gratification of seeing rapid, long-lasting positive changes on the young person and his/her family.

I teach self-hypnosis for chronic medical illnesses (enuresis, chronic pain) and a variety of mental disorders (anxiety-phobia-habit disorders).

I have also introduced the hypnotic language in my daily hospital work (Emergency room, Intensive Care unit and Pediatric medical rounds) and my pediatric out-patient services.

I am working with our local hospital administration so that nurses can learn and use a set of hypnosis skills in their respective fields of expertise.

Memberships

* Fellow, American Academy of Pediatrics (USA)
* Fellow, Society of Adolescent Medicine (USA)
* Member of the Pediatric Society of New Zealand (NZ)
* Fellow of Royal Australian College of Physicians (NZ/AU)
* American Society of Clinical Hypnosis (ASCH) (USA)
* Society of Youth Health (SYPHANZ) (NZ)
* International Society of Hypnosis (ISH)

Teaching Hypnosis

* Medical grand rounds - NZ
* Pediatrics annual up-dates - NZ
* Daily medical rounds - NZ
* Hypnosis clinic visits -NZ
* Courses and workshops at WAEH International congress - Mexico - 2011, 2012, 2013, 2014
* Workshops for psychologists/physicians on Pediatric Clinical Hypnosis - Morelia, Mexico 2013, 2014 – Montreal 2015 – Saipan, CNMI USA 2015.
* Workshop for Public Health Nurses on Hypnosis and Enuresis – NZ – 2015
* How to use hypnosis in the pediatric clinical setting – ISH congress Paris France 2015 - ASCH congress Phoenix AZ USA March 2017 – General Pediatrician Forum Auckland New Zealand March 2018
* The Power of Words – on-going education of pediatric ward nurses
* How to use hypnosis in the pediatric clinical setting – ISH congress Paris France (2015) and ISH congress Montreal Canada (2018), ASCH USA (2017, 2018), Pediatric Society of NZ (2018), congrès d’Émergences, France (2018), congrès de la Confédération Francophone d’Hypnose et Thérapies Brèves, France (2019)
* Effective Clinical Communication – nurses study days – NZ 2019 – on going

Boards

* American Board certification in Pediatrics (1989)
* American Board certification in Adolescent Medicine (1994)

Languages

* Fluent in English, French, Spanish