To help clients cope with their cognitive existential conflicts through the humanistic psychological support with available professional armamentarium.

Skills

1. Talk therapy
2. Hypnotherapy
3. Psychotherapy
4. EMDR
5. NLP

 Memberships

* International Society of Hypnosis (ISH)
* American Society of Clinical Hypnosis (ASCH)
* Society for Clinical and Experimental Hypnosis (SCEH)
* American Psychological Association (APA) International Affiliate
* Istanbul Chamber of Medicine
* Turkish Medical Hypnosis Association

 Education

* Medicine (6years), İ.Ü. İstanbul Tıp Fakültesi, İstanbul (1982) (İstanbul University Medical Faculty)
* Business Administration (4 years), Anadolu Universitesi, Eskişehir (1998) (Anadolu University)
* Sociology (3rd semester student), Anadolu Universitesi, Eskişehir (2019-) (Anadolu University)

Training received

* Hypnotherapy training 2018 (Turkish Hypnosis Association+Medipol University)
* Hypnotherapy training 2004 (Turkish Hypnosis Association+Yeditepe University)
* Psychotherapy training (Psychotherapy Institute Istanbul Turkey)
* Transference Focused Psychotherapy (Otto Kernberg and associates)
* Various local workshops as a part of congresses and private organizations (i.e. Eric Vermetten, Nicole Ruysschaert, Prof. Walter Bongartz, Mathias Mende, Shaul Livnay, Julie Linden, Suzanna Carlusson, The Milton H. Ericksson Institute of Istanbul)
* On-line/DVD trainings [i.e. EMDR Institute (Book and DVD), Tom Silver, Ormond McGill, Gerald Kein (Ultrahight Hypnosis), Cal Banyan (Parts Therapy), Paul Ekman (METT Advanced) etc.]

 Attended congresses

* All local hypnotherapy congresses
* 12th Congress of ESH, Istanbul, August 2011

Business history

* Turkish MOH registered hypnotherapist, consultant physician, couple’s therapist, private office in Istanbul / Turkey (2005- ...)
* Medical/Marketing Manager position in pharmaceutical industry (İstanbul Pharmacia&Upjohn) (2000-2005)
* General practitioner medical doctor in private/public institutions (1982-2000)