

LINDA RECKHOW THOMSON
PhD, MSN, APRN, ABMH, ABHN, FASCH

131 Thomson Drive
Ludlow, Vermont 05149
802-558-9055 - 802-228-6275
www.HypnosisforHealthandHealing.net
LindaThomson@Hypnovations.com

Current Employment

1975 - 2018	Pediatric Nurse Practitioner and Approved Consultant in Clinical Hypnosis Pioneer Valley Pediatrics Enfield, CT and Longmeadow, MA
1991 - 2019	Pediatric Nurse Practitioner and Approved Consultant in Clinical Hypnosis Springfield Medical Care Systems (Ludlow Family Medicine, Springfield Pediatrics, Greater Falls Family Medicine, Rockingham Medical Group) Ludlow, Springfield & Bellows Falls, VT
1999 - present	Director, Hypnosis for Health and Healing Ludlow, Vermont
2009 - 2020	Co-Founder & Co-Director of Hypnovations: Clinical Hypnosis Education and Training Programs

Licensure and Certification:

Vermont	101-0019806
PNCB	78432
ASCH	C9073

Professional Affiliations:

Adjunct Faculty / Preceptor:	past	University of Vermont Yale University University of Massachusetts SUNY at Stony Brook Rivier University Graceland University
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American Holistic Nurses Association
American Society of Clinical Hypnosis (ASCH)
Past President, ASCH
Executive Committee, Education Committee and Speaker's Bureau – (ASCH)
International Society of Hypnosis
New England Society of Clinical Hypnosis (NESCH)
Past President NESCH
Northeastern Mountain Society of Clinical Hypnosis (NMSCH)
President NMSCH
Advisory Editor, *American Journal of Clinical Hypnosis*
Reviewer, *International Journal of Clinical and Experimental Hypnosis*
Past National Association of Pediatric Nurse Practitioners Clinical Expert Panel
Past Board of Directors, Southern Vermont Area Health Education Center
National Pediatric Asthma Trainer
American Holistic Nurses Association
Past Chair, Board of Trustees, ASCH Education & Research Foundation

Moderator, ASCH Board of Governors

Education:

1972	BSN	Hartwick College, Oneonta, NY
1975	PNP	Northeastern University, Boston, MA
1977	MSN	University of Massachusetts, Amherst, MA
2001	PhD	American Pacific University, Honolulu, HI

Awards and Accomplishments

John Christopher Hartwick Scholar
Who's Who Among Students in American Colleges and Universities
New York State Outstanding Student Nurse Award
Hartwick College Nursing Alumni Award
Sigma Theta Tau Nursing Honor Society
Who's Who in American Nursing
Outstanding Young Women of America
Who's Who of American Women
Hartwick College Outstanding Young Alumna Award
Hartwick College Meritorious Service Award
Fellow, National Association of Pediatric Nurse Practitioners
Approved Consultant in Clinical Hypnosis
Diplomate, American Board of Medical Hypnosis
Hartwick College Distinguished Nursing Alumna Award
Fellow, American Society of Clinical Hypnosis
Diplomate, American Board of Hypnosis in Nursing
Award of Merit, American Society of Clinical Hypnosis
William Wester Award for Excellence in Child Hypnosis
Presidential Award, American Society of Clinical Hypnosis
Hartwick College President's Award for Liberal Arts in Practice
Josephine Hilgard Award for Best Paper on Pediatric Uses of Hypnosis
Okemo Valley TV Community Impact Award

Publications:

Thomson LR. "Sensory Deprivation - A Personal Experience", *American Journal of Nursing*, February 1973.

Thomson LR. "The Role of the Pediatric Nurse Practitioner as a Health Coordinator in a Preschool", *Current Practice in Pediatric Nursing* Volume III, CV Mosby Co, 1980

Thomson, LR. "Understanding Tympanometry", *Pediatric Nursing*, May-June 1982

Thomson LR. "Nonepileptic Seizures: Avoid Misdiagnosis and Long-Term Morbidity", *Clinician Reviews*, March 1998 8(3), 81-96

Thomson LR. "Nonepileptic Seizures: Avoid Misdiagnosis and Long-Term Morbidity", *Brain Disorder Sourcebook*, Omnigraphics, Inc. 1998

Siegal AM, Thomson LR, Gilbert KL, et al. "Nonepileptic Psychogenic Seizures: Criteria for Accurate Diagnosis". *Epilepsia* 38: (Suppl 8) 1997

Gilbert KL and Thomson LR. "Nonepileptic Seizures: A Diagnostic Challenge" *Clinical Letter for Nurse Practitioners*, November-December 1999.

Gilbert KL and Thomson LR. "Frontal Lobe Epilepsy: A Diagnostic 'Heads Up'" *Clinical Letter for Nurse Practitioners*, November-December 1999.

Thomson LR. "My Most Memorable Patient – Souvenir From the Tropics", *Clinician News*, November-December 2000.

- Thomson LR. "Clinical Challenge – Sleeping Beauty Awakens", *The Clinical Advisor*, April 2001.
- Thomson LR. "Hypnosis for Habit Disorders – Helping Children Help Themselves" *ADVANCE for Nurse Practitioners*, July 2002.
- Thomson LR. "A Study of a Project to Change the Attitudes, Practices and Beliefs of Health Professionals concerning Hypnosis" *American Journal of Clinical Hypnosis*, July 2003
- Thomson, L. "Relax and Revive" *Baby Connection*, 2004.
- Thomson, L. *Harry Hypno-potamus: Metaphorical Tales for the Treatment of Children*. Carmarthenshire, England: Crown House Publishing, 2005.
- Thomson, L. "Tales from the Zoo: Hypnotic Metaphors for Children" *Australian Journal of Clinical Hypnotherapy and Hypnosis*, April 2005
- Thomson, L. "Hypnotic Intervention Therapy with Surgery Patients" *Hypnos*, June 2005
- Thomson, L. "GEMINI: Giving Children Skills Instead of Pills" *Biofeedback*, 2006
- Thomson, L. "Hypnosis for Children with Elimination Disorders" in *Therapeutic Hypnosis with Children and Adolescents*. Wester, W & Sugarman, L (Eds.) Carmarthenshire, England: Crown House Publishing, 2007)
- Thomson, L. "What's a Meta for?" *Addiction Treatment Today*, 19:109, Nov-Dec 2007.
- Thomson, L & Boland, R. *CRE GEMINI – Brief Health Education for Children 5-15, Version A for Children 5 – 7*, France: Lulu, 2007.
- Thomson, L & Boland, R. *CRE GEMINI – Brief Health Education for Children 5-15, Version B for Children 8-11*, France: Lulu, 2007.
- Thomson, L. "Hypnosis with Surgery Patients" in *Clinical Hypnosis Practices for Primary Health Care Workers, Medical Students, Nurses and Doctors, Volume 1*, Boland Robert (Ed) International University of Geneva, 2007
- Thomson, L. "Habit Disorders" in *Clinical Hypnosis Practices for Primary Health Care Workers, Medical Students, Nurses and Doctors, Volume 2*, Boland Robert (Ed), International University of Geneva , 2007
- Thomson, L. "Hypnosis and Nursing: A Perfect Fit" *ASCH Newsletter*, Winter 2007.
- Thomson, L. "Altering Misperceptions about Hypnosis" *ASCH Newsletter*, Summer 2007.
- Thomson, L. "Stress Free Surgery - A Self Relaxation Program to Help You Prepare for and Recover from Surgery" 2 CD set, Crown House Publishing, 2007.
- Thomson, Linda. "Move It" *Kids' Health Matters*, Summer 2008.
- Thomson, L. *Harry Hypno-potamus: More Metaphorical Tales for Children*. Carmarthenshire, England: Crown House Publishing, 2009
- Thomson, L. "Write-On" *ASCH Newsletter*, Summer 2009.
- Thomson, L. "Harry the hypno-potamus": gli approcci metaforici con i bambini" in *L'ipnosi con i bambini e gli adolescenti. Tecniche psicoterapeutiche in età evolutiva* Maria Laura Fasciana (Ed) Rome: Franco Angeli srl. 2009.
- Thomson, L. (2010). "Surgery" in *Medical Hypnosis Primer - Clinical and Research Evidence*. Barabasz, A.F., Olness, K., Boland, R., Kahn, S. (eds). New York: Routledge

Thomson, L. *Harry Hypno-potamus: Imagination Cards*. Carmarthenshire, England: Crown House Publishing, 2012

Thomson, L. "Hypnosis for Children with Elimination Disorders" in *Therapeutic Hypnosis with Children and Adolescents*. 2nd Ed. Wester, W & Sugarman, L (Eds.) Carmarthenshire, England: Crown House Publishing, 2013)

Thomson, L. "It is all in the Head" in *Functional Symptoms in Pediatric Disease: A Clinical Guide*. Anbar, R (Ed) New York: Springer. 2014

Thomson, L. "Hipponosis: Introducing Hypnosis to Children" *Biofeedback*, Summer 2013

Thomson, L. "L'uso delle storie per aiutare I bambini ad aiutare altri bambini" in *Come aiutare i bambini ad aiutarsi con le proprie storie, le metafore, i racconti*. Maria Laura Fasciana (Ed) Rome: Franco Angeli srl. 2014

Thomson, L. "Hypnosis for Children with Elimination Disorders" in *Therapeutic Hypnosis with Children and Adolescents*. Wester, W & Sugarman, L (Eds.) Carmarthenshire, England: Crown House Publishing, 2007)

Thomson, L. "Pre-Surgery" in *Handbook of Medical and Psychological Hypnosis*. Elkins, G.R. (Ed.) New York: Springer Publishing, 2016

Thomson, L. From real life to cyberspace (and back again): Helping our young clients develop a strong inner selfie—A clinician's guide by Goldfus, Tobi, Book Review. *American Journal of Clinical Hypnosis*, April 2017

Thomson, L. "Combining Hypnosis and Biofeedback in Pediatrics", *American Journal of Clinical Hypnosis*, April 2019

Thomson, L. "The Evolution of Hypnosis in the Profession of Nursing: We've Come a Long Way, Baby, and Still Have a Long Way to Go", *American Journal of Clinical Hypnosis*, April 2019

Thomson, L. "Key Elicitation" ASCH Newsletter, Spring 2020.

Thomson, L. "COVID 19, a Hypnopotamus and You" audio book, produced by Okemo Valley Television, 2020

Thomson, L. & Wagaman, L., "Online Virtual Hypnosis Training" ASCH Newsletter, Winter 2021.

Thomson, L. "Hypnotherapy for Chronic Regional Pain Syndrome", *American Journal of Clinical Hypnosis*, publication pending.

Presentations:

Thomson, LR and Gilbert KL, "Nonepileptic Seizures", Southeastern Vermont Nurse Practitioner Group, October 1998 (90 minute lecture)

Thomson, LR and Gilbert KL, "Nonepileptic Seizures", National Conference for Nurse Practitioners, November 1998; Washington, DC. (90 minute lecture)

Thomson LR, "Hypnosis and Hypnotherapy in Primary Care" Nurse Practitioners Associated for Continuing Education conference, July 1999, Falmouth, Mass. (90 minute lecture)

Thomson LR, "Hypnosis for Health and Healing", National Conference for Nurse Practitioners, November 1999, Wash, DC (two 3 1/2 hour workshops)

Thomson LR & Kajander R, "Integrating Hypnotherapeutic Techniques into Conventional Pediatric Practice" National Association of Pediatric Nurse Associates and Practitioners conference, March 2000, Atlanta, GA. (two 2 hour presentations)

Thomson LR, "Pediatric Hypnosis" Vermont Interactive Television, UVM, March 2000 (two hour workshop)

Thomson LR, "Integrating Hypnosis and Hypnotherapeutic Techniques into Nursing Practice" Nursing Grand Rounds at Dartmouth Hitchcock Medical Center, March 2000 (90 minute presentation)

Thomson LR, "Integrating Hypnosis into Clinical Practice" Medical and Nursing Rounds at Springfield Hospital, March 2000 (2 hour presentation)

Thomson LR, "Utilizing Hypnotherapeutic Strategies for Relaxation and Stress Reduction in Vermont Schools", a grant presentation for Wellness in Vermont Schools, March 2000 (four 1 hour workshops)

Thomson LR, "Hypnosis for Health and Healing", Nurse Practitioners Associated for Continuing Education conference, July,2000, Falmouth, Mass. (3 hour workshop)

Kajander, RL and Thomson, LR, "New Strategies for New Morbidities", National Association of Pediatric Nurse Associates and Practitioners conference, March 2001, Phoenix, AZ. (75 minute presentation)

Kajander, RL and Thomson, LR, "The Language of Healing", National Association of Pediatric Nurse Associates and Practitioners conference, March 2001, Phoenix, AZ. (75 minute presentation)

Thomson, LR and Kajander RL, "The Strain in Pain Stays Mainly in the Brain", National Association of Pediatric Nurse Associates and Practitioners conference, March 2001, Phoenix, AZ. (100 minute presentation)

Thomson, LR and Kajander RL, "Hypnotic Interventions for Habit Disorders", National Association of Pediatric Nurse Associates and Practitioners conference, March 2001, Phoenix, AZ. (100 minute presentation)

Thomson, LR, "Hypnosis for Health and Healing" American Academy of Nurse Practitioners conference, June 2001, Orlando, FL (1 hour presentation)

Thomson, LR, "Integrating Hypnotherapeutic Techniques into Clinical Practice" American Academy of Nurse Practitioners national conference, June 2001, Orlando, FL (1 hour presentation)

Thomson, LR, "Hypnosis, the Essence of Mind-Body-Spirit Medicine" American Academy of Nurse Practitioners regional conference, October 2001, Newark, NJ (3 hour presentation)

Thomson LR, "Integrating Hypnosis into Clinical Practice" Medical Rounds at Springfield Hospital, February 2002 (1 hour presentation)

Thomson, LR, "Hypnotic Interventions for Habit Disorders in Children", American Society of Clinical Hypnosis, April 2003, Alexandria, VA (3½ hour advanced workshop)

Kohen, DP and Thomson, LR, "Helping Children and Adolescents Help Themselves with Hypnosis", American Society of Clinical Hypnosis, April 2003, Alexandria, VA (5½ hour advanced workshop)

Thomson, LR, "Integrating Hypnotherapeutic Techniques into Pediatric Practice". National Association of Pediatric Nurse Associates and Practitioners conference, April 2003, Orlando, FL. (3 hour intensive workshop)

Thomson, LR, "Peak Performance – Mental Skills Training for Athletes" Frontiers of Hypnosis, 6th National Assembly, October 2003, Halifax, NS, Canada (1 hour oral scientific paper presentation)

Thomson, LR, "Hypnosis for Habit Disorders in Children", Frontiers of Hypnosis, 6th National Assembly, October 2003, Halifax, NS, Canada (3 ½ hour workshop)

Kohen, DP, Linden, JH, Sugarman, LI and Thomson, L. "Helping Children Help Themselves with Hypnosis: Bring your Dilemmas" American Society of Clinical Hypnosis, March 2004, Anaheim, CA (2 day workshop)

Thomson, L, "Preparing Patients Hypnotically for Surgery", " American Society of Clinical Hypnosis, March 2004, Anaheim, CA (1 hour oral scientific paper presentation)

Thomson, L, "Preparing Patients Hypnotically for Surgery", Medical Rounds at Springfield Hospital, August 2004 (1 hour presentation)

Thomson, L. "Hypnotic Interventions for Habit Disorders in Children", 16th International Congress on Hypnosis and Hypnotherapy, October 2004, Singapore (oral paper presentation)

Thomson, L. "Preparing Patients Hypnotically for Surgery", 16th International Congress on Hypnosis and Hypnotherapy, October 2004, Singapore (oral paper presentation)

Thomson, L. "Metaphors for Children", 16th International Congress on Hypnosis and Hypnotherapy, October 2004, Singapore (oral paper presentation)

Thomson, L. Intermediate Hypnosis Workshop faculty, Society for Clinical and Experimental Hypnosis, November 2004, Santa Fe, NM

Thomson, L. "A Trip to the Zoo: Metaphors and Hypnosis for Children", American Society of Clinical Hypnosis, March 2005, St Louis, MO (2 hour advanced workshop)

Thomson, L. "Hypnosis in the Treatment of Gastrointestinal Disorders" Vermont Society of Gastroenterology Nurses, April 2005, Springfield, VT (1 hour presentation)

Thomson, L. Basic Hypnosis Workshop Faculty, New England Society of Clinical Hypnosis, April 2005, Newton, MA

Thomson, L. Basic, Intermediate and Advanced Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, June 2005, Alexandria, VA (4 day workshop)

Thomson, L. "Hypnosis for Health and Healing", American Academy of Nurse Practitioners, June 2005, Fort Lauderdale, FL (1 hour presentation)

Thomson, L. "Hypnosis: When the Strain in Pain Stays Mainly in the Brain" ", American Academy of Nurse Practitioners, June 2005, Fort Lauderdale, FL (1 hour presentation)

Thomson, L. "Hypnosis for Pediatric Habit Disorders", New England Society of Clinical Hypnosis, October 2005, Newton, MA (3 hour presentation)

Thomson, L. Co-Chair Intermediate Hypnosis Workshop, Society for Clinical and Experimental Hypnosis, October 2005, Charleston, SC (4 day workshop)

Thomson, L. "Pediatric Hypnosis: Helping Children Help Themselves", Society for Clinical and Experimental Hypnosis, October 2005, Charleston, SC (3 hour advanced workshop)

Thomson, L. Co-Chair Intermediate Hypnosis Workshop ", American Society of Clinical Hypnosis, March 2006, Orlando, FL (4 day workshop)

Thomson, L & Kohen, D. "Ship-to-Shore and Shore-to-Shore Communication Lessons from the Pediatric Guerilla Hypnosis Listserve", American Society of Clinical Hypnosis, March 2006, Orlando, FL (oral paper presentation)

Thomson, L. Basic Hypnosis Workshop Faculty, New England Society of Clinical Hypnosis, March 2006, Newton, MA

Thomson, L. Pediatric Basic Hypnosis Workshop Faculty, International Society of Hypnosis, August 2006, Acapulco, Mexico

Thomson, L. Zoo Tales: Metaphors and Techniques for Hypnotic Interventions with Children , International Society of Hypnosis, August 2006, Acapulco, Mexico (150 minute workshop)

Thomson, L. Hypnotic Intervention Therapy for Anxiety, Pain and Nausea Management in Epilepsy Surgery Patients, International Society of Hypnosis, August 2006, Acapulco, Mexico (scientific paper presentation)

Thomson, L. Hypnosis and Surgery Panel, International Society of Hypnosis, August 2006, Acapulco, Mexico

Thomson, L. & Kohen, D, International Communication and Peer Education in Pediatric Hypnosis – Lessons from 3 years of the Pediatric Guerilla Listserve, International Society of Hypnosis, August 2006, Acapulco, Mexico

Thomson, L. “Preparing Patients Hypnotically for Surgery”, Medical Rounds at Springfield Hospital, November 2006 (1 hour presentation)

Thomson, Linda. “Pediatric Hypnosis”. Pediatric Grand Rounds at Children’s Hospital at Dartmouth, November 2006 (1 hour presentation)

Thomson, L. “Hypnosis for Surgery”, New England Society of Clinical Hypnosis, December 2006, Newton, MA (2 hour presentation)

Thomson, LR, “Minding Habits”, American Society of Clinical Hypnosis, January 2007, Dallas, TX (2 hour advanced workshop)

Thomson, L. ”Hypnotic Interventions for Anxiety, Pain and Nausea Management in Epilepsy Surgery Patients”, American Society of Clinical Hypnosis, January 2007, Dallas, TX (scientific paper presentation)

Thomson, L. Basic Hypnosis Workshop Faculty, New England Society of Clinical Hypnosis, March 2007, Newton, MA

Thomson, LR, “Minding Habits”, National Association of Pediatric Nurse Practitioners”, March 2007, Orlando, FL. (3 hour intensive workshop)

Thomson, Linda. “Hypnotamize”. Pediatric Resident Workshop at Children’s Hospital at Dartmouth, April 2007 (1 hour presentation)

Thomson, L. Basic Hypnosis Workshop Faculty, New England Society of Clinical Hypnosis, November 2007, Newton, MA

Thomson, L. Basic and Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, December 2007, Miami, FL (4 day workshop)

Thomson, L. “Changing Old Mumpsimus to New Sumpsimus” Pediatric Grand Rounds, February 2008, Baystate Medical Center, Springfield, MA

Thomson, L. Basic Hypnosis Workshop Faculty, American Society of Clinical Hypnosis, March 2008, Chicago, IL

Thomson, L. Chair, “Get Hyp”, Basic Pediatric Hypnosis Workshop, National Association of Pediatric Nurse Practitioners, April 2008, Nashville, TN (20 hour workshop)

Thomson, L. Basic Hypnosis Workshop Faculty, New England Society of Clinical Hypnosis, September/October 2008, Newton, MA

Thomson, L. Basic and Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, September 2008, Lombard, IL (4 day workshop)

Thomson, L. Basic and Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, December 2008, Albuquerque, NM(4 day workshop)

Thomson, L. “Changing Old Mumpsimus to New Sumpsimus” Pediatric Grand Rounds, February 2009, Children’s Hospital of Vermont, Burlington, VT

Thomson, L. "Hypnotic Intervention for Anxiety, Pain and Nausea Management in Surgery Patients", American Society of Clinical Hypnosis, March 2009, Boston MA

Thomson, L. "Mending Habits in the Zoo", American Society of Clinical Hypnosis, March 2009, Boston MA

Thomson, L. Basic Hypnosis Workshop Faculty, American Society of Clinical Hypnosis, March 2009, Boston, MA

Thomson, L. "Changing Old Mumpsimus to New Sumpsimus: Integrating Hypnosis into Everyday Practice" Vermont Nurse Practitioner Conference, March 2009, Stowe, VT

Thomson, L. & Turner, M., Co-Directors, Hypnovations: Basic Hypnosis Workshop, March 2009 Burlington, VT.

Thomson, L. Basic, Intermediate and Advanced Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, September 2009, Northbrook, IL (4 day workshop)

Thomson, L. "Pediatric Inductions" International Society of Hypnosis, September 2009, Rome, Italy

Thomson, L. "Elimination Disorders in Children", International Society of Hypnosis, September 2009, Rome, Italy

Thomson, L. "Metaphors and Approaches to Habit Disorders in Children" International Society of Hypnosis, September 2009, Rome, Italy

Thomson, L. Basic Hypnosis Workshop Faculty, New England Society of Clinical Hypnosis, Fall 2009, Newton, MA

Thomson, L. Basic and Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, October 2009, Dallas, TX (4 day workshop)

Thomson, L. & Turner, M., Co-Directors, Hypnovations: Basic and Intermediate Hypnosis Workshops, November 2009 Burlington, VT,

Thomson, L. Co-Chair, Basic Hypnosis Workshop, American Society of Clinical Hypnosis, March 2010, Nashville, TN

Thomson, L. & Turner, M., Co-Directors, Hypnovations: Basic and Intermediate Hypnosis Workshops, April 2010 Burlington, VT.

Thomson, L. Preparing Bright Futures. Basic, Intermediate & Advanced Pediatric Hypnosis Workshop Faculty, May 2010, Fayetteville, NY.

Thomson, L. Keynote Address - "Hypnosis for Acute Pain, Chronic Suffering and Surgery", Jornadas Internacionales en Hipnosis Clinica, July 2010, San Jose, Costa Rica

Thomson, L. "Hypnosis with Children", Jornadas Internacionales en Hipnosis Clinica, July 2010, San Jose, Costa Rica

Thomson, L. Basic, Intermediate & Advanced Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, September 2010, Oakbrook, IL (4 day workshop)

Thomson, L. Basic & Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, October 2010, San Antonio, TX (4 day workshop)

Thomson, L. Basic Hypnosis Workshop Faculty, Society for Clinical and Experimental Hypnosis, November 2010, Boston, MA (4 day workshop)

Thomson, L. & Linden, J. Master Class: Pediatric Hypnosis. Society for Clinical and Experimental Hypnosis, November 2010, Boston, MA

Thomson, L., Gottsegen, D.& Snyder, M. Panel Discussion: Systemic Hypnotic Treatment Modalities for Bullying and Other Peer Terrorism. Society for Clinical and Experimental Hypnosis Scientific Program, November 2010, Boston, MA

Thomson, L. Co-Chair, Intermediate Hypnosis Workshop, American Society of Clinical Hypnosis, March 2011, Las Vegas, NV

Thomson, L. Chair, “Get Hyp”, Basic Pediatric Hypnosis Workshop, National Association of Pediatric Nurse Practitioners, March 2011, Baltimore, MD (20 hour workshop)

Thomson, L. The Strain in Pain Stays Mainly in the Brain, National Association of Pediatric Nurse Practitioners, March 2011, Baltimore, MD

Thomson, L. Co-Director, Hypnovations: Basic and Intermediate Hypnosis Workshops, April 2011 Burlington, VT.

Thomson, L. The Strain in Pain Stays Mainly in the Brain, Northeastern Mountain Society of Clinical Hypnosis, April 2011, Burlington, VT

Thomson, L. The Strain in Pain Stays Mainly in the Brain, Medical Grand Rounds, Springfield Hospital, Springfield, VT, June 2011

Thomson, L. Pediatric Asthma, Medical Grand Rounds, Springfield Hospital, Springfield, VT, September 2011

Thomson, L. Basic & Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, September 2011, Oakbrook, IL (4 day workshop)

Thomson, L. Basic & Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, October 2011, Austin, TX (4 day workshop)

Thomson, L. Basic Hypnosis Workshop Faculty, New England Society of Clinical Hypnosis, November 2011, Newton, MA

Thomson, L. Changing Old Mumpsimus to New Sumpsimus: Applications of Clinical Hypnosis in Pediatric Mind-Body Medicine, National Association of Pediatric Nurse Practitioners, March 2012, San Antonio, TX

Thomson, L. Metaphorical Approaches to Changing Habits, , American Society of Clinical Hypnosis, March 2012, Charlotte, NC

Thomson, L. Co-Director, Hypnovations: Basic, Intermediate and Advanced Hypnosis Workshops, April 2012 Burlington, VT.

Thomson, L. Guest Faculty. Clinical Hypnosis Workshop for Health Care Professionals: Expanding Possibilities for Healing, April 2012, Durham, NC

Thomson, L. Faculty, Preparing Bright Futures: Experiential Workshop in Basic Pediatric Hypnosis, May 2012, Fayetteville, NY

Thomson, L. Distinguished Lecturer, Florida Society of Clinical Hypnosis, May 2012, Naples, FL (2 day workshop)

Thomson, L. Basic, Intermediate & Advanced Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, September 2012, Oakbrook, IL (4 day workshop)

Thomson, L. “Metaphorical Approaches for Changing Habits in Children” International Society of Hypnosis, October 2012, Bremen, Germany.

Thomson, L. “Elimination Disorders: To Pee or not to Pee and To Poop or not to Poop” International Society of Hypnosis, October 2012, Bremen, Germany.

Thomson, L. Basic & Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, September 2012, Austin, TX (4 day workshop)

Thomson, L. Program Chair and Faculty, American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2013, Louisville KY(4 day workshop)

Thomson, L. Power of Words, American Society of Clinical Hypnosis, March 2013, Louisville KY

Thomson, L. Basic & Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, May 2013, Charleston, SC (4 day workshop)

Thomson, L. Basic & Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, June 2013, Alexandria, VA (4 day workshop)

Thomson, L. “Stress Free Surgery” International Congress on Hypnosis in Medicine, August/September 2013, Budapest, Hungary.

Thomson, L. “It’s all in the Head - Functional Neurological Symptoms in Children” International Congress on Hypnosis in Medicine, August/September 2013, Budapest, Hungary.

Thomson, L. “Encopresis - To Poop or not to Poop”, International Congress on Hypnosis in Medicine, August/September 2013, Budapest, Hungary.

Thomson, L. “Hipponosis: Hypnosis in Ambulatory Pediatrics” International Congress on Hypnosis in Medicine, August/September 2013, Budapest, Hungary.

Thomson, L. “Hypnosis and the Power of Words” Grand Rounds, Springfield Hospital, September 2013

Thomson, L. “It’s all in the Head - Functional Neurological Symptoms in Children”, Society for Clinical and Experimental Hypnosis, October 2013, Berkeley, CA

Thomson, L. “Metaphorical Approaches to Changing Habits in Children”, Society for Clinical and Experimental Hypnosis, October 2013, Berkeley, CA

Thomson, L. Basic & Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, October 2013, San Antonio, TX (4 day workshop)

Thomson, L. Power of Words, Course Director, American Society of Clinical Hypnosis, October 2013, San Antonio, TX (1 day workshop)

Thomson, L. Basic & Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, December 2013, Jacksonville, FL (4 day workshop)

Thomson, L. Power of Words, American Society of Clinical Hypnosis, March 2014, San Diego, CA (1 day workshop)

Thomson, L. Basic Faculty, American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2014, San Diego, CA (4 day workshop)

Thomson, L. Distinguished Lecturer, Oregon Society of Clinical Hypnosis, May 2014, Portland, OR (2 day workshop)

Thomson, L. Co-Director, Hypnovations: Intermediate Hypnosis Workshops, May, 2014, Burlington, VT.

Thomson, L. Basic & Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, September 2014, Schaumburg, IL (4 day workshop)

Thomson, L. “Power of Words”, Pediatric Grand Rounds, Baystate Medical Center, Springfield, Mass, October 2014

Thomson, L. "The Power of Words and the Tapestry of Tales, Society for Clinical and Experimental Hypnosis, October 2014, San Antonio, TX

Thomson, L. "What's a Meta For? - Functional Disorders in Children and Adults", European Society of Hypnosis, October, 2014, Sorrento, Italy

Thomson, L. "Power of Words", European Society of Hypnosis, October, 2014, Sorrento, Italy

Thomson, L. Co-Director, Hypnovations: Basic Hypnosis Workshops, November, 2014, Springfield, VT.

Thomson, L. Basic & Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, December 2014, Austin, TX (4 day workshop)

Thomson, L. "Functional Symptoms: Anatomical Metaphors for Psychological/Emotional Problems". Advanced Workshop, American Society of Clinical Hypnosis, December 2014, Austin, TX

Thomson, L. Faculty, New England Society of Clinical Hypnosis Basic Hypnosis Workshop, March 2015, Newton, MA

Thomson, L. Basic Faculty, American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2015, Jacksonville, FL (4 day workshop)

Thomson, L. Intermediate Faculty, American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2015, Jacksonville, FL (4 day workshop)

Thomson, L. "What's a Meta For? The Function of Dysfunctional Symptoms". American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2015, Jacksonville, FL (1 day workshop)

Thomson, L. "Power of Words". American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2015, Jacksonville, FL (1 day workshop)

Thomson, L. Co-Director, Hypnovations: Intermediate Hypnosis Workshops, May 2015, Ludlow, VT.

Thomson, L. "Elimination Disorders in Children" International Society of Hypnosis, August 2015, Paris, France.

Thomson, L. Chair & Faculty, Basic, Intermediate and Advanced American Society of Clinical Hypnosis Regional Workshop, September 2015, Schaumburg, IL (4 day workshop)

Thomson, L. "The Dysfunction in Functional Disorders" Grand Rounds, Springfield Hospital, October 2015

Thomson, L. Co-Director, Hypnovations: Basic Hypnosis Workshops, November 2015, White River Junction, VT

Thomson, L. "Power of Words". American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2016, St Louis, MO (1 day workshop)

Thomson, L. "Minding Habits". American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2016, St Louis, MO (1/2 day workshop)

Thomson, L. Faculty, New England Society of Clinical Hypnosis Intermediate Hypnosis Workshop, March, 2016, Newton, MA

Thomson, L. "The Strain in Pain Stays Mainly in the Brain: Complementary Healing Modalities", University of Vermont Medical School, April, 2016 (1 day workshop)

Thomson, L. "The Strain in Pain Stays Mainly in the Brain", Distinguished Lecturer, Northeastern Mountain Society of Clinical Hypnosis, April, 2016 (1 day workshop)

Thomson, L. Chair & Faculty, Basic, Intermediate and Advanced American Society of Clinical Hypnosis Regional Workshop, September 2016, Scottsdale, AZ (4 day workshop)

Thomson, L. Co-Director, Hypnovations: Intermediate Hypnosis Workshops, May 2016, Ludlow, VT.

Thomson, L. "Hypnosis, the Essence of Mind Body Spirit Nursing, Meets the Soul of Holistic Nursing", American Holistic Nurses Association, May-June 2016, Bonita Springs, FL (1/2 day workshop)

Thomson, L. Basic & Intermediate Hypnosis Regional Workshop Faculty, American Society of Clinical Hypnosis, June 2016, Alexandria, VA. (4 day workshop)

Thomson, L. Chair & Faculty, Basic, Intermediate and Advanced American Society of Clinical Hypnosis Regional Workshop, September 2016, Schaumburg, IL (4 day workshop)

Thomson, L. Co-Director, Hypnovations: Basic Hypnosis Workshops, November 2016, Colchester, VT.

Thomson, L. "Changing Old Mumpsimus to New Sumpsimus: Clinical Hypnosis in the 21st Century" Grand Rounds, Springfield Hospital, January 2017

Thomson, L. "Power of Words". American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2017, Phoenix, AZ (1 day workshop)

Thomson, L. "Hipponosis: Helping Children Help Themselves". American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2017, Phoenix, AZ(1/2 day workshop)

Thomson, L. Faculty, New England Society of Clinical Hypnosis Intermediate Hypnosis Workshop, March, 2017, Weston, MA

Thomson, L. Clinical Hypnosis in the 21st Century for LPCTV, April 2017

Thomson, L. Emergency Medicine: Power of Words and Power of Laughter for Vermont EMS, May 2017

Thomson, L. "The Strain in Pain Stays Mainly in the Brain: Hypnotic Strategies for Pain Management" American Holistic Nurses Association, June 2017, Rancho Mirage, CA

Thomson, L. Faculty, Basic, Intermediate, American Society of Clinical Hypnosis Regional Workshop, June 15 - 18, 2017, Alexandria, VA (4 day workshop)

Thomson, L. Advanced - "Seasoned Clinicians Share Essentials of Practice, Best Hypnotic Strategies, and Incisive Language". American Society of Clinical Hypnosis Regional Workshop, June 15, 16 & 18, 2017, Alexandria, VA

Thomson, L. "Hipponosis - Helping Children Help Themselves" European Society of Hypnosis Congress. August 23 - 26, 2017, Manchester, England

Thomson, L. Faculty, Basic, Intermediate, American Society of Clinical Hypnosis Regional Workshop, Sept 14 - 18, 2017 Schaumburg, IL (4 day workshop)

Thomson, L. "Heads and Tales: The Top Down of Hypnosis and The Bottom up of Metaphorical Tales". Greater Philadelphia Society of Clinical Hypnosis, November, 2017

Thomson, L. Co-Director, Hypnovations: Basic & Intermediate Hypnosis Workshops, November 2017, Ludlow, VT.

Thomson, L. Chair, Faculty, Basic, Intermediate, American Society of Clinical Hypnosis Regional Workshop, Nov 30 - Dec 3, 2017 San Diego, CA (4 day workshop)

Thomson, L. "Power of Words". American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2018, Orlando, FL (1 day workshop)

Thomson, L. "Bringing Humor and Laughter into the Therapeutic Relationship". American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2018, Orlando, FL

Thomson, L. "Laughter is the Best Medicine". Wellness Week at Springfield Library, March 2018

Thomson, L. Faculty, New England Society of Clinical Hypnosis Intermediate Hypnosis Workshop, April, 2018, Brookline, MA

Thomson, L. "Opiates, Pain & Hypnosis" Grand Rounds, Springfield Hospital, May 2018

Thomson, L. "When the Symptom is the Solution: Holistic Approaches to Functional Disorders" American Holistic Nurses Association, June 5 - 10, 2018, Niagara Falls, NY

Thomson, L. "Pearls of Practice". International Society of Hypnosis. August 23 - 25, 2018, Montreal, Canada

Thomson, L. "Butt Out: the Importance of the Therapeutic relationship in smoking cessation". International Society of Hypnosis. August 23 - 25, 2018, Montreal, Canada

Thomson, L. "Helping Children Help Themselves with Hypnosis". International Society of Hypnosis. August 23 - 25, 2018, Montreal, Canada

Thomson, L. "Holistic Approaches to Wellness" Nursing Symposium at Hartwick College, Oneonta, NY, October 5, 2018

Thomson, L. Co-Director, Hypnovations: Intermediate Hypnosis Workshop, October 19 - 21, 2018, Ludlow, VT

Thomson, L. Faculty, Basic, Intermediate, American Society of Clinical Hypnosis Regional Workshop, October, 25 - 28, 2018, Knoxville, TN. (4 day workshop)

Thomson, L. Chair, Faculty, Basic, Intermediate, American Society of Clinical Hypnosis Regional Workshop, December 13 - 16, 2018, Clearwater, FL. (4 day workshop)

Thomson, L. "Power of Words". American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2019, San Antonio, TX (1 day workshop)

Thomson, L. "Butt-Out". American Society of Clinical Hypnosis Annual Scientific Meeting and Workshops, March 2019, San Antonio, TX (1 day workshop)

Thomson, L. Faculty, New England Society of Clinical Hypnosis Intermediate Hypnosis Workshop, March, 2019, Brookline, MA

Thomson, L. Chair, Faculty, Basic, Intermediate, American Society of Clinical Hypnosis Regional Workshop, December 13 - 16, 2019, Seattle, WA. (4 day workshop)

Thomson, L. Faculty, Basic Workshop, Maui, HI May 2019.

Thomson, L. "Laughter is the Best Medicine". VT EMS, May 2019, Springfield, VT

Thomson, L. "Just Breathe" Hypnosis New Generation, May-June 2019, Budapest, Hungary

Thomson, L. "Helping Children Help Themselves" Hypnosis New Generation, May 30 - June 1, 2019, Budapest, Hungary

Thomson, L. Chair, Faculty, Level 1 & 2, American Society of Clinical Hypnosis Regional Workshop, October 17 - 20, 2019, Dallas, TX. (4 day workshop)

Thomson, L. "Neurophysiology of Hypnosis & the Psychobiology of the Endocannabinoid System" Northeastern Mountain Society of Clinical Hypnosis, October 25, 2019, Burlington, VT

Thomson, L. "Empowerment by Design: Mental Skills Training for Peak Performance" New England Society of Clinical Hypnosis. November 10, 2019, Watertown, MA

Thomson, L. Faculty, Level 1 & 2, American Society of Clinical Hypnosis Regional Workshop, December 5 - 7, 2019, Orlando, FL. (4 day workshop)

Thomson, L. "Helping Children Help Themselves" Saybrook University, March 2020

Thomson, L. "Pediatric Hypnosis" Society for Clinical and Experimental Hypnosis Webinar, May 2020

Thomson, L. Faculty, Level 1, American Society of Clinical Hypnosis Virtual Online Workshop, June 26 - 28, 2020 and July 11 & 12, 2020

Thomson, L. "Functional Disorders" American Society of Clinical Hypnosis Virtual Annual Scientific Meeting and Workshops. August 2020.

Thomson, L. "Neurophysiology of Hypnosis & the Psychobiology of the Endocannabinoid System" Northeastern Mountain Society of Clinical Hypnosis, September, 2020, Online workshop.

Thomson, L. "Fostering Wellness During the COVID 19 Pandemic and Beyond". Hartwick College Network Chats, October 19, 2020

Thomson, L. Faculty, Level 1 & 2, American Society of Clinical Hypnosis Virtual Online Workshop, October 23, 24 & 25, 2020 and November 7 & 8

Thomson, L. Faculty, Level 1 & 2, American Society of Clinical Hypnosis Virtual Online Workshop, December 4, 5, 6, 12 & 13, 2020

Thomson, L. Faculty, Level 1 & 2, American Society of Clinical Hypnosis Virtual Online Workshop, February 19, 20 & 21, 2022

Thomson, L. "Helping Children Help Themselves with Habits" American Society of Clinical Hypnosis Virtual Annual Scientific Meeting and Workshops. March 2021.

Thomson, L. "Self-Care in Times of Stress: Strategies to promote stress relief, coping and overall psychological well-being" Hartwick College O'Connor Chair Lecture, March 2021

Thomson, L, Faculty, Level 2, New England Society of Clinical Hypnosis Virtual Online Workshop, March 19, 20 & 21, 2021

Thomson, L. Chair, Level 1 & 2, American Society of Clinical Hypnosis Virtual Online Workshop, May, 6, 7, 8 & 9, 2021

Thomson, L. Faculty, Level 1, Alberta Society of Clinical Hypnosis Virtual Online Workshop April 30, May 1 & 2, 14 & 15, 2021

Thomson, L. Chair, ASCH Level 1 Children's Hospital of Philadelphia, Virtual Online Workshop, June 5, 6, 12 & 13, 2021

Thomson, L. Faculty, Level 1 & 2, American Society of Clinical Hypnosis Virtual Online Workshop, June 17, 18, 19 & 20, 2021